



# BREAKFAST, THE FIRST BITE TO SUCCESS!

We are excited to announce that our school is starting a breakfast club! All students are welcome to enjoy a free healthy breakfast every morning from \_\_\_\_\_ to \_\_\_\_\_ at \_\_\_\_\_.

We need your feedback to help make this program a success at our school!

## 1. DO YOU EAT BREAKFAST IN THE MORNING BEFORE COMING TO SCHOOL? (circle)

YES | NO

If yes, how often?

- 1-2 TIMES A WEEK
- 2-3 TIMES A WEEK
- EVERY MORNING
- OTHER: \_\_\_\_\_

## 2. WHAT ARE THE MAIN REASONS YOU MIGHT NOT EAT BREAKFAST IN THE MORNING?

---

---

---

## 3. ARE YOU INTERESTED IN ATTENDING THE BREAKFAST CLUB? (circle)

YES | NO

If yes, how often would you attend?

- 1-2 TIMES A WEEK
- 2-3 TIMES A WEEK
- EVERY MORNING
- OTHER: \_\_\_\_\_

## 4. WHAT HEALTHY BREAKFAST FOODS WOULD YOU LIKE TO SEE ON THE MENU?

---

---

---