

CURRICULUM CONNECTIONS

SUBJECT	KITCHEN CONNECTIONS
HEALTH AND PHYSICAL EDUCATION	Reading food labels; investigating and sorting food groups following <i>Canada's Food Guide</i> ; analyzing nutritional information found on common food items; practicing safety in the kitchen; menu planning; making healthy food choices
MATHEMATICS	Budgeting; counting; conducting surveys and opinion polls; graphing (student attendance polls or student opinions); working with fractions in recipes; measurement and problem solving in a real world context (e.g. if 50 students eat an apple and there are 8 apples in every bag, how many bags of apples do you need? If each bag of apples costs \$ how much money will we need to budget, factoring in taxes of 13%?)
LANGUAGE ARTS	Writing newsletter articles; persuasive writing (why it's important to eat breakfast with support from the school's breakfast program); procedural writing (how to complete a certain task or recipe); asking critical questions; reading food labels, disclaimers and instructions from cook books, etc.; examine media and marketing on food packaging and discuss how that affects our food choices.
ART	Making posters to advertise the breakfast program or need for volunteers; decorating the breakfast room and bulletin boards; creating food art.
GEOGRAPHY/ SOCIAL STUDIES	Researching and creating foods inspired by different cultures around the world; learning about global food systems; investigating our Canadian food heritage and traditional food sources; mapping where the food for the breakfast program came from on its journey from farm to table.
SCIENCE	Studying food systems and how certain foods affect our body and health; starting a school garden; investigating plants; examining food chains; conducting an experiment to test the validity of the "5-second rule"; observing and classifying chemical changes in food