

# Anaphylaxis:

Delaying treatment could be fatal.\*

## Know what it is.

Anaphylaxis is a severe, life-threatening allergic reaction. It can be triggered by certain types of food (like peanuts and shellfish), insect stings, medicine, latex, exercise and unknown causes.

The following symptoms of anaphylaxis can occur within minutes or several hours after exposure to an allergy trigger:

**MOUTH:** itching, swelling of the lips and/or tongue

**SKIN:** itching, hives, redness, swelling

**LUNG\*†:** shortness of breath, cough, wheeze

**THROAT\*†:** itching, tightness, closure, hoarseness

**GUT:** vomiting, diarrhea, cramps

**HEART\*†:** weak pulse, dizziness, fainting

\* The EpiPen® Auto-Injector is not indicated to prevent death associated with anaphylaxis.  
† Some symptoms can be life-threatening. ACT FAST!

## Know what to do.

Epinephrine, the medicine in the EpiPen® Auto-Injector, is the treatment of choice for severe allergic reactions. If any of the symptoms listed above are exhibited, administer the EpiPen® Auto-Injector immediately.

## Blue to the sky. Orange to the thigh.

How to use EpiPen® and EpiPen® Jr Auto-Injectors.



- Hold firmly with orange tip pointing downward.
- Remove blue safety cap by pulling straight up. Do not bend or twist.



- Swing and push orange tip firmly into mid-outer thigh until you hear a 'click'.
- Hold on thigh for several seconds.



### Built-in needle protection

- After injection, the orange cover automatically extends to ensure the needle is never exposed.

**After using EpiPen®, you must seek immediate medical attention or go to the emergency room. For the next 48 hours, you must stay close to a healthcare facility or be able to call 911.**

EpiPen® and EpiPen® Jr (epinephrine) Auto-Injectors are indicated for the emergency treatment of anaphylactic reactions in patients who are determined to be at increased risk for anaphylaxis, including individuals with a history of anaphylactic reactions. Selection of the appropriate dosage strength is determined according to patient body weight.

EpiPen® and EpiPen® Jr Auto-Injectors are designed as emergency supportive therapy only. They are not a replacement for subsequent medical or hospital care. After administration, patients should seek medical attention immediately or go to the emergency room. For the next 48 hours, patients must stay within close proximity to a healthcare facility or where they can call 911. To ensure this product is right for you, always read and follow the label. Please consult the Consumer Information leaflet in your product package for complete dosage and administration instructions.

For more information or to download a printable version of this poster, go to the consumer site [EpiPen.ca](http://EpiPen.ca).



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