

## Cold menu

WEEK 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Date :	Date :	Date :	Date :	Date :
<b>Croissants/sliced cheese</b> Fruit	<b>Oatmeal cookie</b> Fruit	<b>Raisin bread/jam</b> Fruit	<b>Healthy breakfast cookies</b> Fruit	<b>Cereals</b> Fruit
WEEK 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Date :	Date :	Date :	Date :	Date :
<b>Oatmeal cookie</b> Fruit	<b>Raisin bread/jam</b> Fruit	<b>Banana squares</b> Fruit	<b>Cereals</b> Fruit	<b>Healthy small fruit breakfast bar</b> Fruit
WEEK 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Date :	Date :	Date :	Date :	Date :
<b>Raisin bread/jam</b> Fruit	<b>Banana squares</b> Fruit	<b>Cereals</b> Fruit	<b>Healthy breakfast cookies</b> Fruit	<b>Oatmeal cookie</b> Fruit
WEEK 4				
Monday	Tuesday	Wednesday	Thursday	Friday
Date :	Date :	Date :	Date :	Date :
<b>Raisin bread/jam</b> Fruit	<b>Healthy small fruit breakfast bar</b> Fruit	<b>Oatmeal cookie</b> Fruit	<b>Cereals</b> Fruit	<b>Banana squares</b> Fruit

*\*Serve 2 meals/week with juice, 3 meals/week with milk.*

*\*Offer one milk product, other than milk, per meal (yogurt or cheese)*