

WEEK: \_\_\_\_\_

**MONDAY**

FRUIT/VEG:

PROTEIN:

WHOLE GRAINS:

DRINK:

ATTENDANCE TALLY:

**TUESDAY**

FRUIT/VEG:

PROTEIN:

WHOLE GRAINS:

DRINK:

ATTENDANCE TALLY:

**WEDNESDAY**

FRUIT/VEG:

PROTEIN:

WHOLE GRAINS:

DRINK:

ATTENDANCE TALLY:

**THURSDAY**

FRUIT/VEG:

PROTEIN:

WHOLE GRAINS:

DRINK:

ATTENDANCE TALLY:

**FRIDAY**

FRUIT/VEG:

PROTEIN:

WHOLE GRAINS:

DRINK:

ATTENDANCE TALLY:

WEEK: \_\_\_\_\_

**MONDAY**

**FRUIT/VEG:**

**PROTEIN:**

**WHOLE GRAINS:**

**DRINK:**

**ATTENDANCE TALLY:**

**TUESDAY**

**FRUIT/VEG:**

**PROTEIN:**

**WHOLE GRAINS:**

**DRINK:**

**ATTENDANCE TALLY:**

**WEDNESDAY**

**FRUIT/VEG:**

**PROTEIN:**

**WHOLE GRAINS:**

**DRINK:**

**ATTENDANCE TALLY:**

**THURSDAY**

**FRUIT/VEG:**

**PROTEIN:**

**WHOLE GRAINS:**

**DRINK:**

**ATTENDANCE TALLY:**

**FRIDAY**

**FRUIT/VEG:**

**PROTEIN:**

**WHOLE GRAINS:**

**DRINK:**

**ATTENDANCE TALLY:**