

NUTRITION	
NATIONAL RESOURCES	QUEBEC ONLY
Nutrition Standards	Hot Menu
Monthly Menu Tracker (fillable)	Alternative Menu
Weekly Menu Tracker (fillable)	Cold Plus Menu
Grab & Go Menu Tracker (fillable)	Cold Menu
Sample Menu Planner – Grab &Go	Adapted Cold Menu
Sample Menu Planner 2 – Grab &Go	Food Catalogue – Adapted Menu
Sample Menu Planner – Week Sit-Down Breakfast Model	Glossary of Menu Items
Food Allergies	Food Catalogue
Single Serving Chart	Breakfat Bins and Bags
Reading Nutrition Labels	Managing - Food Allergies and intolerances
Recipe Book	Votre carnet d’information – Les allergies alimentaires (Only in french)
Grocery list	Anaphylaxis – Using an Auto-injector
Healthier Alternatives	Equipment Maintenance Guide
Poster – My Breakfast Routine	Equipment Inventory
Poster – High School – My Breakfast Routine	
Poster – How to grab my breakfast	
Sample-Adapted Breakfast Menu	
Recommended Single-Serve Products	
5 ways to a Greener Breakfast Program	
	QUEBEC ONLY - FOOD SAFETY (IN NUTITION)
	Health and Hygiene Instructions
	Poster – Food Safety is our business
	Video – Food safety is our business
	Safety data sheet - Sanitizer
	Fiche signalétique - Savon à vaisselle (Only in french)
	General Information on MAPAQ
	Affiche -Lavage de main (Only in french)
	Température cuisson et conservation des aliments (Only in french)
	Thermoguide et les pannes d’électricité (Only in french)
	Quoi faire -Avis d’ébullition eau (Only in french)
	Refrigerator Temperature Register
	Annexe 6 – MAPAQ - registre de formation (Only in french)
+ BUILDING A SUSTAINABLE FOUNDATION	
NATIONAL RESOURCES	QUEBEC ONLY
Did you know	Breakfast Program Operations
Guiding Practices	Registration Form – Elementary School
Introductory Webinar for New Administrators	Registration Form – High School
Toolkit – Breakfast Program Adapted to COVID-19 Protocols	Registration Form – Adapted Program
Setting up your breakfast program... step by step	Voluntary Contribution – Adapted Program
	Template – Voluntary Parental Contribution
	Parental Contribution
	Prepare for Food Delivery
	Video – Let’s make it happen together!
	The club’s Morning Routine
	School Information Form

	Delivery Schedule – 2020-2021
	Toolkit – Adapted Breakfast Program
	Documentary – Adapted Program
+ INVOLVE VOLUNTEERS AND THE SCHOOL COMMUNITY	
NATIONAL RESOURCES	QUEBEC ONLY
Volunteer Roles	Volunteers : Your club’s Human Resources
	Head Volunteer Search
	Volunteer Search
	Administrative Volunteer Search
	Head Volunteer Agreement
	Agreement – Administrative Volunteer
	Volunteer Enrolment
	Volunteer Pamphlet
	Adopt a club – The Club’s Corporate Volunteering Program
	Video – Above and beyond team building
	QUEBEC ONLY - RECRUITMENT POSTER AND FACEBOOK
	Head Volunteer - RecPoster B&W
	Head Volunteer -RecPoster Color
	Volunteer - RecPoster-B&W
	Volunteer - RecPoster Color
	Admin Volunteer - RecPoster B&W
	Admin Volunteer -RecPoster Color
	Banner - FB HV
	Banner - FB V
	Banner - FB AV
	Example - Banner - FB HV
	Example-Banner - FB V
	Example - Banner - FB AV
+ YOUTH ENGAGEMENT	
NATIONAL RESOURCES	QUEBEC ONLY
Curriculum Connections	Student Volunteer Agreement
	Certificate - Congratulation
	Certificate - Congratulation 2
	Certificate Graduation
+ BUDGETING AND FUNDRAISING	
NATIONAL RESOURCES	QUEBEC ONLY
	Policy – Financial Support
	General Information -Local Donation
	Template - Sollicitation Letter
	Schools Team Breakfast Project
	Poster – SchoolTeam Breakfast Project
	Cartes-déjeuner des équipes écoles (Only in french)
	Template - Payment Tracking
+ CREATE A REWARDING ENVIRONMENT	
NATIONAL RESOURCES	QUEBEC ONLY
	Poster - Share your Wonderful Stories
+ PROGRAM EVALUATION	
NATIONAL RESOURCES	QUEBEC ONLY
Online Report - Template	Annual Process - Clubs
	Information on Managing Attendance

	Template – Attendance List
	Online Report – User Guide
	Breakfast Club Evaluation