



Parental Contributions

As of **September 2019**, parental contributions stay with your school rather than being sent to Breakfast Club of Canada.

This funds will be reinvested in your breakfast program to help it grow and improve on an ongoing basis. It's a win-win solution!

Making a difference in your community!

These funds can be used in a host of creative and diverse ways, making it possible to:

- Have a wider variety of fruits, vegetables and other fresh, healthy and locally sourced food
- Acquire items for the kitchen
- Ensure equipment is kept in good repair
- Find alternatives to delivery issues that may arise
- Be more environmentally responsible
- Volunteer recognition
- Other resources and projects that keep your program (and students) strong and healthy!

Did you know...?

A 2018 survey conducted by HEC Montreal students of parents whose children were enrolled in a breakfast program asked the following question:

What does the parental, monetary or volunteer contribution you make to your child's breakfast program represent for you?

✓ A source of pride	45.5%
✓ A responsibility	58.4%
✓ A way to get involved	63.4%
✓ A burden	1%

Parental Contribution: Financial or volunteer based

Parents are encouraged to contribute to their child's breakfast program in one of two ways: by volunteering their time or by paying a nominal amount. Since 1994, the Club has been using a financial model based on a nominal parental contribution of:

- \$45 per year at the elementary level
- \$75 per year or \$0.50/meal at the high school level

You may choose to ask for voluntary contributions instead, where parents choose an amount at their discretion, and how about asking your entire parent community to chip in.

You can find the Registration Form or the Voluntary Parental Contribution Letter here in the **Resources** section:

www.breakfastclubcanada.org/schools-corner/ (Under **Build A Sustainable Foundation** section)

Questions? Be sure to talk to your Club representative who will be happy to help!

Important! A student is never turned away from a breakfast program due to a lack of parental contribution.

