

YOUTH EMPOWERMENT

WHAT IS YOUTH EMPOWERMENT?

Vision

The Youth Empowerment method fosters interaction based on respect and development of self-esteem. Youth Empowerment is a daily investment to help children and youth pursue their dreams. It is both an approach and an environment based on love for children and youth, and the conviction that everyone is unique with their own individual potential.

HOW IS YOUTH EMPOWERMENT APPLIED?

It is often through small daily gestures that we have a positive influence on the lives of those around us. A warm welcome helps the children and youth that have breakfast at the club start the day on a positive note.

Here are a few things that Youth Empowerment ambassadors do every day in all breakfast clubs:

- Welcome the students with a smile and a friendly greeting.
- Encourage the students to interact peacefully and respectfully with one another.
- Support students in all their efforts and as they progress to independence.
- Take time to listen to the students when they have requests, suggestions or comments.
- Model a new code of behaviour for students and always set a good example.
- Keep the information on the students, volunteers and school staff confidential.
- Make suggestions and comments in a constructive manner.

YOUTH EMPOWERMENT VALUES ARE:

- Teamwork
- Cooperation
- Integrity
- Equity
- Honesty
- Respect for yourself and others
- The importance of dreams and goals!

