



**Special Edition:
Breakfast in Unison 2023!**

**Breakfast in Unison – Start planning for
Breakfast in Unison 2023 (BIU).**

Breakfast in Unison is about recognition and is a celebration!

It takes a tremendous number of individuals, energy and dedication to make breakfast programs successful. BIU is a time to celebrate the many different people that contribute to programs and is a time to highlight the importance of inclusive school breakfast programs.

The Club invites schools and community partners from coast-to-coast to create a wave of recognition by hosting a celebratory breakfast between mid-May to mid-June. You can invite students to help plan the event, invite the community or host a more intimate special meal to highlight all the hard work that goes into your breakfast program day after day.



The Club wants to recognize all the programs that will host an event, we thank all those that registered. The first 100 registrations will receive a \$100 Gift Card from Walmart that can be used in store or on-line.

We all share the same dedication to ensuring students have access to a nourishing meal at school and are ready to learn so join us at the breakfast table with your school community and end the year energized and committed to student success.

Here's what you need for BIU

To help you plan an event, the Club has created a **toolkit** with useful materials and resources.

Included in this toolkit:

- a sample schedule for the event
- invitations templates for all school teams, volunteers of all ages, an elected official or other guests that can be personalized,
- printable placemats and thank-you cards to colour by students,
- printable poster and Facebook frame & posts to promote the event on social media platforms,



- a customizable certificate of recognition and a speech from the Club to recognize the exceptional commitment of everyone involved in your breakfast program.
- The use of the items in the toolkit are optional. Please feel free to make the event

The use of the items in the toolkit are optional. Please feel free to make the event reflective of your own community and add a personal touch.

(Volunteers/Champions) Highlights from National Volunteer Week

In keeping with the theme of recognition the Club is thrilled to share the many champions and volunteers that were nominated for National Volunteer Week (April 16th – 22nd)

Asking programs to nominate an individual who is vital to your program was the Club's way of encouraging recognition all year round. It was also the occasion to start planning for BIU and we were overwhelmed by the number and quality of nominations. A total of 285 nominations were submitted from all corners of the country, and we invite you see what this looks like [here](#).

To discover the location of the nominated Breakfast Champions and the schools participating in the Breakfast in Unison, [consult the map](#).

We wish we could share the details of all the nominations we received as they are all unique and incredibly inspiring. We can't include them all here, but we thought we'd give you a glimpse of the quality of support and impacts by highlighting a few nominations below. Take a read!!

[Amanda Crawford](#), Alberta

[Queeta](#), Alberta

[Phoenix](#), Quebec

[Maria Paul](#), British-Columbia



You still have time to register for BIU !

We have received numerous BIU registrations and are so excited to have so many schools join us in this recognition and celebratory event!

There's plenty of time to plan so get inspired, take full advantage of the [tools and resources](#) we have provided.

All schools are invited to share your event photos on your social media or by emailing testimonials@breakfastclubcanada.org – do this and you will be entered in a draw!

Finally, a huge thank you to everyone who works tirelessly to ensure that students can start the day with a nutritious breakfast. Through your participation in Breakfast in Unison, we will generate a wave of recognition for all individuals who make breakfast programs possible.

You are the CHAMPIONS!

Let's get this party started!



You received this email because you are involved with Breakfast Club of Canada.

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