welcome to the breakfast program!

In collaboration with the Breakfast Club, our school is pleased to offer a breakfast program that allows students to start the school day with a complete and nutritious meal, in a warm and caring environment!

The program is **open to all students at the school**, and registrations are accepted throughout the year.

**What the breakfast program looks like?**

* All the positive impacts such as improved learning skills and a contribution to nutritional education.
* Easier morning routine at home!
* Access to balanced breakfasts including a variety of foods from the three categories of Canada's Food Guide: vegetables and fruits, whole grains and protein foods.
* Breakfast with friends in a pleasant atmosphere.

Breakfast will be served to students every day at \_\_Time\_\_\_throughout the school year, starting on \_\_Date\_\_\_ .

**Please, contact your school if you have any questions:**

School contact’s name Phone: Email:\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_

**We ask for a voluntary contribution of XX (amount at the discretion of the school) OR a maximum amount of**
**45$ for the school year for one child or 75$ for two or more children.**

**Your contributions keep our school’s club sustainable!**

*Your donation is payable by cash or by cheque to the order of XXXXXX school. You can give it to XXXX*

 *(teacher/head volunteer/secretary/others)*



**If you wish to register your child for the breakfast program, please complete the following fields in print:**

My child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ will participate in the breakfast program. Student Name and class number)

**Authorizations**

**Young volunteers:** I accept that my child may volunteer at his/her school’s breakfast
program if needed **¨ YES ¨ NO**

**Parent volunteer:** I would like to be a parent volunteer for the breakfast program **¨ YES ¨ NO**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Parent’s Name |  | Signature  |  | Date |  | Email |  | Telephone |