

WEEKLY MENU TRACKER

MAKE **WATER** THE BEVERAGE
OF CHOICE, EVERY DAY
OF THE WEEK.



WEEK: _____

MON

MENU:

CHECK BOX
TO ENSURE FOOD CATEGORY
WAS SERVED

DATE:

FRUIT/VEG

STUDENTS

PROTEIN

WHOLE GRAINS

TUES

MENU:

CHECK BOX
TO ENSURE FOOD CATEGORY
WAS SERVED

DATE:

FRUIT/VEG

STUDENTS

PROTEIN

WHOLE GRAINS

WED

MENU:

CHECK BOX
TO ENSURE FOOD CATEGORY
WAS SERVED

DATE:

FRUIT/VEG

STUDENTS

PROTEIN

WHOLE GRAINS

THUR

MENU:

CHECK BOX
TO ENSURE FOOD CATEGORY
WAS SERVED

DATE:

FRUIT/VEG

STUDENTS

PROTEIN

WHOLE GRAINS

FRI

MENU:

CHECK BOX
TO ENSURE FOOD CATEGORY
WAS SERVED

DATE:

FRUIT/VEG

STUDENTS

PROTEIN

WHOLE GRAINS