We encourage them to subscribe! Enjoy during the breakfast period or at home. If you have any ideas or stories to share, don’t hesitate to contact your Club representative. We have set up a special Kid’s Corner on the Breakfast Club of Canada website, look back at the Club’s history and discover what’s new on our website. This issue of the Club newsletter features:

June 9: World Wellness Day, Breakfast in Unison for the Well-Being of Youth
Breakfast Club of Canada is pleased to announce that June 9 is set to be celebrated as World Wellness Day, Breakfast in Unison for the Well-Being of Youth.

Participation is encouraged by partners in action, Breakfast in Unison for the Well-Being of Youth is an annual initiative to celebrate and promote the importance of a healthy school breakfast, while recognizing the contributions of volunteers and champions who support Breakfast Club of Canada programs.

Partnership with La Cantine pour tous: Joining Forces to Promote Healthy Eating for School Children
This year, the Breakfast Club of Canada partners with La Cantine pour tous to promote healthy eating for school children and families. This initiative encourages schools and communities to come together to create a healthy environment for children, with a focus on supporting school breakfast programs. For more information, visit the Breakfast Club of Canada website.

Tips for encouraging kids to eat new foods
New tips have been added to the website to help you encourage kids to try new foods! Don’t forget to share them with us, too!

Rejuvenating a sense of excitement, weather around the corner and a wave of recognition for Breakfast programs.

The school's new program coordinator, Chelsea Hausler, decided to create an area where students could use legacy volunteer hours. She proudly shares how the students are motivated and eager to help. A look back at the Club’s 25th anniversary, a Success for Georges P. Vanier School.

This is the perfect time to change up your breakfast program menu for the spring season and enjoy the benefits of fresh, seasonal ingredients. The materials you need to organize this event and spread the word within your school community are available.

Be sure to watch for a subsequent message in early May, which will contain further anchor Breakfast Club’s mission to join us virtually in celebration. These celebratory activities will be open to all, for breakfasts will not only create a wave of recognition for breakfast programs but also support school nutrition initiatives and those that make them possible. We will also be asking for interest in participating in Breakfast in Unison for the Well-Being of Youth.

Breakfast in Unison for the Well-Being of Youth
June 9: Breakfast in Unison for the Well-Being of Youth

A look back at the Club’s 25th anniversary
The Breakfast Club of Canada has been providing free school breakfasts for over 25 years, serving millions of children and families in Canada.

Learn More

A Success for Georges P. Vanier School
The school’s new program coordinator, Chelsea Hausler, decided to create an area where students could use legacy volunteer hours. She proudly shares how the students are motivated and eager to help. A look back at the Club’s 25th anniversary, A Success for Georges P. Vanier School.